

❖ Two Days Awareness Program on MENTAL HEALTH SCREENING & COUNSELLING



OFFICE OF DIRECTOR HOSTELS,
VEERANARI CHAKALI ILAMMA WOMEN'S
UNIVERSITY, HYDERABAD - 500001

In Collaboration with



APA INDIA
ADVANCED PSYCHOLOGICAL SERVICES ASSOCIATION
REG. NO : 318/2021

**TWO DAYS AWARENESS PROGRAM ON
MENTAL HEALTH SCREENING
&
COUNSELLING
FOR UG HOSTEL STUDENTS**

VENUE: UG OLD HOSTEL BLOCK

 **MAR : 23RD & 24TH**

 **5:00 PM TO 7:00 PM**

SCREENING INCLUDES

- * DASS 21
- * BRIEF RESILIENCE SCALE
- * CHARACTER STRENGTH SURVEY
- * TYPE A PERSONALITY TEST
- * DIFFICULTIES IN EMOTIONAL REGULATION SCALE

PROGRAM DIRECTOR
DR G VIJAYA LAKSHMI
DIRECTOR HOSTELS AND CSR

CONVENER
B. KRISHNABHARATH, APAI

COORDINATORS
MOHAN DESHPANDE, APAI
RENUKA LINGALA, APAI
DR G NALINI
MRS J ANNAPURNA
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TECHNICAL COMMITTEE :
HOSTEL STAFF

Principal
Dr. Loka Pavani

Patron
Prof. B. Vijaya Laxmi
Registrar, VCIWU

Chief Patron
Prof. Surya Dhananjay
Vice-Chancellor, VCIWU

Date: 23rd March, 2026



Second Day of the Awareness Program on Mental Health and Screening: Speakers highlighted the key features to reduce stress and depression, importance of meditation and breathing exercises and self-esteem.

Date :24th March, 2026

